# Support your local Urban Farmers





## Toledo Grown

2019 Community Supported Agriculture (CSA) Shares

Toledo GROWs offers an exciting local food opportunity – the Toledo Grown Food Hub. Local urban farmers sell produce to the food hub which, in turn, sells it to local buyers. Support your local growers and Toledo GROWs by purchasing a Toledo Grown CSA (Community Supported Agriculture) share!

#### CSA Shareholders

- Receive weekly share of quality, fresh farm products
- Choose between a full share (portioned for a family of 3-4 for the week) or a half share (portioned for 1-2)
- Support local farmers using sustainable growing methods – no harmful chemicals
- Receive a variety of vegetables and herbs, including many "staples" such as carrots, lettuce, peppers, onions, etc. – whatever is ready that week
- Experience new vegetables and receive recipes and tips on cooking them
- Visit the farm where your food is grown

#### **Farmers**

- Receive payment early in the season which helps farmer's cash flow
- Get to know the people who will eat his/her food
- Introduce customers to new vegetables and ways to prepare them

#### Choose from the Following Options

Share Size	Number of Weeks	Dates	Cost
Full share (3-4 people)	20 weeks	May 29 - October 9	\$400
	10 weeks	May 29 - July 31	\$225
	10 weeks	August 7 - October 9	\$225
Half share (1-2 people)	20 weeks	May 29 - October 9	\$250
	10 weeks	May 29- July 31	\$135
	10 weeks	August 7 - October 9	\$135
Egg share (1 doz/week)	20 weeks	May 29 - October 9	\$80 addtl.
(Limited shares available)	10 weeks	5/29 - 7/31 or 8/7 - 10/9	\$40 addtl.

Pick up each Wednesday between 1:00 p.m. and 5:00 p.m. Option of locations for pick-up:

- Toledo GROWs urban farm (just north of downtown) 900 Oneida Street
- For Mercy St. Vincent employees Pick up at the hospital.
- Delivery to downtown business, with 3 or more subscribers from that location.

Deposit of \$50 due at time of registration. Remainder due two weeks before first pick up. To enroll or for more information, contact Sr. Rita, srrita.wienken@toledogrows.org or 419.720.8714.



### Toledo Grown 2019 Registration



Name			
Address	City	State	Zip
E-mail	Phone		
Location where I would like to pick up my share on Wednesdays, between Toledo GROWs 900 Oneida Street  Mercy Health employees only Mercy Health - St. Vincent Medical Center	I am work	n. ing to get 3 subsc owntown workpla	_

Share Size	Length	Cost	Amount Due
Full share	20 weeks (5/29-10/9)	\$400	
Full share	10 weeks (5/29-7/31)	\$225	
Full share	10 weeks (8/7-10/9)	\$225	
Half share	20 weeks (5/29-10/9)	\$250	
Half share	10 weeks (5/29-7/31)	\$135	
Half share	10 weeks (8/7-10/9)	\$135	
Dozen Eggs added to produce	20 weeks (5/29-10/9)	\$80	
Dozen Eggs added to produce	10 weeks (5/29-7/31)	\$40	
Dozen Eggs added to produce	10 weeks (8/7-10/9)	\$40	
Total Amount Due			
Amount Paid (Minimum \$50 to register, remainder due 2 weeks before beginning date)			



Send this form with payment to: Toledo GROWs 900 Oneida Street Toledo, Ohio 43608

Make checks payable to: Toledo GROWs

Would you like delivery to your downtown workplace? Secure 3 subscriptions from your building and we'll bring it right to you.