WORM BIN

Vermicomposting uses earthworms to turn organic wastes into very high quality compost. This is probably the best way of composting kitchen wastes.

Instructions:

1. Use the drill to create two rows of ventilation holes around the top edge of the bin, starting beneath the lid. Space the holes about 3 or 4 inches apart.

2. Tear the newspaper into long strips and dampen with your spray bottle. Do not over saturate your newspaper, add just enough water to make it feel slightly moist. Add the shreds to your bin until there is a pile about 4 inches high.

3. Add two cups of soil to your newspaper and mix thoroughly

4. Place worms gently into your bin and cover with a few more pieces of newspaper.

5. Add food scraps slowly, about 1 or 2 cups of scraps a day until your worms become comfortable with their new home.

6. When your bin begins to fill with worm “castings” or compost, set your worms in a safe space and harvest that lovely black soil from the bottom of your bin and start all over again.

DID YOU KNOW?

IN ONE ACRE OF LAND, THERE CAN BE MORE THAN A MILLION EARTHWORMS.

TIPS

Worms don’t care for any “S” foods: Stinky, Slimy, Sour, Sweet, or Spicy.

If it grows outside or has come from the outdoors at some point your worms will be happy to eat it.

Make sure your bin does not get too moist; if it seems squishy or there are puddles leave the lid off your bin for a few hours.

Put the bin in a safe, quiet place out of direct sunlight, otherwise the sun will shine through the plastic walls and irritate the worms.

MATERIALS

POWER DRILL

PLASTIC STORAGE BIN WITH A LID

NEWSPAPER

2 CUPS SOIL

1 POUND RED WIGGLER WORMS

WWW.UNCLEJIMSWORMFARM.COM

SPRAY BOTTLE

WWW.TOLEDOGROWS.ORG