

# PLANTING FOR A FAMILY

## Toledo GROWs Best Practices– Tending a Garden

Tips on how much to plant to feed a family of four

Crop	Plants	Seeds
Basil or cilantro	3 to 5	
Beans		15 feet
Beet		10 feet
Broccoli	5	
Brussel Sprouts	5	
Cabbage	5	
Carrots		10 feet
Cauliflower	5	
Chard	5	
Cucumbers		2 hills
Eggplant	2	
Green onions	4	
Kale	5	
Kohlrabi		10 feet
Large onions	4	
Leaf lettuce	5	
Leeks	3	
Lettuce mix		4 inch width x 6 feet length
Melon		2 hills per variety
Peas - English		10 feet
Peppers	3	
Potatoes		5 lbs. seed = 25 lbs. potatoes
Radishes		6 feet
Rosemary	3 - 5	
Summer Squash		2 hills per variety
Peas -Snow or Snap		10 feet
Sweet Potatoes	10	
Tomatoes	5 - 10, variety	
Turnips		6 feet
Winter Squash		2 hills per variety
Zucchini		2 hills per variety

\*Hill = 3 seeds in a small mound



## Contact Us

Give us a call for more information about our services

**Toledo GROWs**  
900 Oneida St.  
Toledo, OH 43608

(419) 720-8714

Visit us on the web at  
[www.toledogrows.org](http://www.toledogrows.org)