

CHILDREN'S GARDEN THEMES

Toledo GROWs Best Practices— Tending a Garden

1. Rainbow Garden

- Try planting a variety of colors; purple beans, red tomatoes, green peppers, etc.
- A fun project is to have children create plant stakes shaped as clouds

2. Plants from A to Z

- From Asters to Zinnias, gardens are a place of learning!
- Hide the letters of the alphabet among the plants for a fun scavenger hunt

3. Around the World

- Planting tomatoes that were cultivated in Spain, peppers from Germany, and onions from Japan makes for a great geography lesson

4. Pizza Garden

- Basil, tomatoes, peppers, and more make for a delicious pizza
- Here's an easy pizza crust recipe for after your harvest:

Ingredients:

1 pkg active dry yeast
1 tsp white sugar
1 cup warm water
2 ½ cups bread flour
2 Tbs olive oil
1 tsp salt

Directions:

1.) Preheat oven to 450F. In a medium bowl, dissolve yeast and sugar in warm water. Let stand 10 minutes.
2.) Stir in flour, salt and oil. Let rest for 5 minutes.
3.) Turn dough out onto a lightly floured surface, flatten to desired shape. Transfer crust to a lightly greased pizza pan dusted with cornmeal. Spread with desired toppings and bake in preheated oven for 15 minutes or until golden brown.

5. Touch, Taste and Smell: Sensory Garden

- Using plants with fragrant smells and interesting textures helps children learn to use all their senses
- Many herbs are perennial, ensuring a fun garden each year

6. Salsa Garden

- A fun, no cook method of gardening. Salsa can be made outside in the garden
- Here is an easy salsa recipe

Ingredients:

4 large tomatoes, diced
¼ cup chopped onion
3 Tbs chopped cilantro
2 tsp minced jalapeno
(remove seeds for less heat)
1 ½ tsp lime juice
¾ tsp kosher salt
1 garlic clove, minced

Directions:

1.) Combine all the ingredients in a bowl. If you want your homemade salsa to have a smoother texture—more like jarred—pulse half the salsa in a food processor, then combine it with the remaining chunky half. Cover tightly and refrigerate for up to 5 days

7. Once Upon a Time: Storybook Garden

- Choose a story like Cinderella or Jack and the Beanstalk, planting pumpkins or beans
- Stone Soup is a great book that talks about several kinds of vegetables



Contact Us

Give us a call for more information about our services

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