POLLINATOR PLANTS FOR THE VEGETABLE GARDEN



Foxglove Beard Tongue

(Penstemon digitalis)

~ 18" to 24" tall

Toledo GROWs Best Practices - Tending a Garden

Planting native and flowering plants in and around your vegetable garden will attract more pollinators and provide them with a good food source. In turn, pollinators increase vegetable and fruit production and help keep the garden healthy and thriving. These plants attract some of the best pollinators to your garden, including native bees, wasps, flies and honeybees, birds, beetles, butterflies, moths, caterpillars and other insects!

Native Plants:

Swamp Milkweed (Asclepias incarnata) ~ 2' to 3' tall Early ~ Also provides food for Summer caterpillars Virginia Mountain Mint (Pycnanthemum virginianum) Summer ~ 2' tall Wild Bergamot (Monarda fistulosa) Late ~ 2' to 3' tall Summer ~ Edible leaves, stems, flowers **New England Aster** (Symphyotricum Early navae-angliae) Fall ~ 4' to 5' tall Stiff Goldenrod (Oligoneuron rigidum)

Bloom Times

Fall

Butterfly Weed (Asclepias tuberosa) ~ 2' tall

~ Also provides food for hummingbirds





Gray headed Coneflower (Ratibida pinnata)

~ 4' to 5' tall

~ Seeds also offer food for birds through fall

Purple Coneflower (Echinacea purpurea)

~ 2' to 3' tall

~ Seeds also offer food for birds through fall





Dense Blazing Star (Latris spicata)

~18" tall

~ Also provides food for hummingbirds

Flowering Herbs:

~ Also provides food for

caterpillars

Thyme, Sage, Lemon Verbena, Basil, Rosemary, Oregano, Dill, Chives and Cilantro

Annuals:

~ 3' to 4' tall

Sunflower, Alyssum, Cosmos, Lantana, Mexican Sunflowers, Verbena

Contact Us

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Visit us on the web at www.toledogrows.org